



CAPITAL DISTRICT CRICKET ASSOCIATION BACK TO CRICKET GUIDELINES

Revision 1
JUNE 29, 2020



CAPITAL DISTRICT CRICKET ASSOCIATION (CDCA)

CDCA BACK TO CRICKET GUIDELINES

A. Purpose

The purpose of this document is to provide the cricket recommendation guidelines intended to assist CDCA cricket community to those who are seeking the safe resumption of playing domestic cricket in the capital region in accordance with the regulatory restrictions that apply in the region.

This document should not be considered as the provision of specific medical or expert advice to participate in any type of activity and all those who return to participate in any cricketing activity do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

B. Guidelines

Please note that these Guidelines are suggestions for best practice. All those responsible for any such cricketing activity, such as Clubs and Teams should feel free to make their own guidelines more stringent wherever they deem necessary.

Competition and Match Play	
Communication of Plan for Mitigating Risk	<p>All those responsible for convening a Club or Team should communicate to the participants (including parents, where necessary) what mitigating steps they will be taking, if any in addition to the guidelines documented by CDCA to protect against the risk of catching Covid-19 through such participation.</p> <p>Where practical, clear messages and instructions to participants about key behaviors (e.g. washing hands) should be prominently advised.</p>
Transportation	<p>Players should make every effort to arrive at the ground/facility using their own method of transport. However, where they share a car with individuals outside of their own family or use public transport, then they should wear a cloth mask at all times.</p>
Temperature Testing	<p>There will be a mandatory temperature check of all players, team officials and match officials prior to game commencement; where any player or team official or match official has a temperature of 100.4F (or 38c) or higher, then participation in that match will be denied.</p>
Sanitization	<p>Hand cleaning products such as soap and water or sanitizer should be carried by all players and/or respective team managements, at all matches; players are strongly encouraged to bring own sanitizing products to ensure that they have easy access to such materials.</p> <p>All players should take steps to clean their hands immediately prior to their participation in the match, immediately after the match and at the innings break.</p> <p>Umpires should carry small sanitizing products for use by players from time to time.</p>

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<p>Equipment</p>	<p>All sharing of personal cricket equipment or “team kit” is strongly discouraged. Where (particularly for cost reasons) this option cannot be complied with, cricket equipment may be shared provided that a thorough sanitization process for the equipment after each use is completed. Particular care should be taken in respect of the shared use and sanitization of helmets.</p> <p>Personal equipment should be sanitized before and after use (training and competition)</p> <p>Umpires should not hold kit or equipment for bowlers or any player during the match. Where necessary, such kit should be placed on the ground either immediately (6ft) behind the wicketkeeper or behind the umpire and appropriate amendments to the playing regulations should be made to address the issue of if/when the cricket ball hits such kit or equipment during a match.</p>
<p>Social Distancing and Use of Facial Covers</p>	<p>There should be no deliberate physical contact at any time or for any reason.</p> <p>Where any participant (player, coach or otherwise) is unable to maintain 6ft of social distance from another at any point during a game session then cloth masks should be worn during that part of the relevant training session.</p> <p>Where any participant wishes to wear a face-mask even when more than 6ft away from another, they shall be free to do so (not while running).</p> <p>All participants should adopt a ‘ready to play approach, i.e. come to game prepared without the need to use any communal facilities such as changing rooms or showering facilities.</p>
<p>Team Meetings</p>	<p>Follow social distancing guidelines, all players should be 6ft apart in a circle.</p>
<p>Ball Maintenance</p>	<p>No saliva should be applied directly or indirectly on the cricket ball.</p> <p>Do not touch eyes, nose, and mouth after making contact with the ball. Regular hand sanitizing when in contact with the ball is recommended.</p>
<p>Batting Partners</p>	<p>Both members of the batting pair should remain 6 ft away from each other at all times, with particular care to be taken when communicating orally throughout the match</p>
<p>Wicket Celebrations and Handshakes</p>	<p>There should be no team huddles, hugs, ‘high-fives’, handshakes or anything that requires physical contact of any type.</p> <p>To uphold the spirit of cricket, teams should show their respect and acknowledgement for members of the opposition at the end of a match in an</p>

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	<p>alternative fashion to the traditional handshake, e.g. verbally or through a wave or other suitable gesture.</p>
Batting Team on Sideline	<p>Members of the team should remain separated by 6ft at all times.</p>
Umpire Standing Position	<p>The umpire at the bowler's end should stand 3 ft behind stumps to ensure safe distance from the non-striking batter.</p> <p>Umpires to consider wearing gloves when handling the ball.</p> <p>Players and umpires should maintain social distancing on the field of play and that includes no handing over of player items (cap, towels, sunglasses, jumpers) to the umpire or teammates</p>
Scorers	<p>Scorers should be 6ft apart from one another and bring their own pens, pencils and devices to score; there should be no shared scoring equipment or devices or portable furniture.</p>
Food & Drinks	<p>All players, parents and spectators should bring their own food to the ground. There should be no sharing of drinks, drinks bottles/containers or food prior to, during, or after the match.</p> <p>Communal water fountains should not be used.</p>
Parents / Spectators / Volunteers	<p>Individuals are encouraged not to bring or invite any spectators including your family members, if they do, they should bring their own chairs to the ground if they wish to sit and spectate and remain 6ft apart. There should not be more than 50 people present including players at any point of time at the field.</p>
Managing symptoms and incidents of Covid19	<p>Where any individual has played, officiated or been involved in a competitive match and then subsequently fallen ill or developed symptoms, then that player or official should: (1) report the same to the organizer of the match; (2) seek healthcare support immediately; and (3) follow all local and authority regulatory requirements.</p> <p>Where any individual has played, officiated or been involved in a competitive match and then subsequently contracts COVID-19, then that player or official should: (1) report the same to the organizer of the match; (2) follow all local and authority regulatory requirements; (3) self-quarantine for a minimum period of 14 days (or such period as they may be advised by any medical practitioner – whichever is longer) before returning to training and/or participating; and (4) provide a copy of a doctor's note confirming that they are clear to participate in such activity.</p> <p>Where any report of an individual contracted COVID-19 is made, all participants (including any additional members that were present at the field)</p>

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	<p>of the match should: (1) notify all individuals who may have come into contact with the reporting individual; and (2) immediately cease all related activities and carry out a new risk assessment exercise before any further activities are resumed.</p>
Transition of field and facility	<p>There will be no possibility of interaction permitted between groups who have finished a match and those who have arrived for a subsequent match. Such separation will be enforced through the use of extra time between matches or providing different waiting areas.</p> <p>Players should arrive at sessions ready to commence activity immediately and should disperse promptly once any such session has concluded.</p> <p>An appropriate amount of time will be scheduled in-between matches to allow for the appropriate cleaning of all facilities and equipment.</p>
Ensuring compliance	<p>One official from each team should be appointed prior to each match to be responsible for ensuring the compliance of these guidelines (and/or any other relevant guidelines) by his/her team throughout the match.</p> <p>For the purposes of supporting potential contact tracing, the individual assigned responsibility for ensuring compliance should keep a record of all persons in attendance at each match and report to CDCA.</p>
Player Waiver	<p>All players are required to sign an assumption of risk, release and waiver of liability and indemnity agreement relating to Covid-19 exposure, Covid-19 liability and Covid-19 risks.</p>

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C. COVID-19 RESOURCES

General Resources

[Center for Disease Control](#)

[How COVID-19 spreads](#)

[COVID-19 advice](#)

[Q & A on coronaviruses \(COVID-19\)](#)

[WHO – COVID 19 posters](#)

USA Sports and Cricket Resources

[National Strength and Conditioning Association - Return to Play](#)

[International Cricket Council](#)

[CDC considerations for Youth Sports](#)

[CDC considerations for Parks and Recreational.](#)

Hygiene and Cleaning

[Cleaning and disinfecting](#)

[Social distancing](#)

[Handwashing: Clean hands save lives](#)

Local Public Health Recommendations

[Directory of State Health Departments](#)

[State-by-state Covid-19 guidance](#)

RECOMMENDED MATCH SETUP – FULL GROUND

Key Points

1. Batting team to maintain social distancing - 6 ft.
2. Fielders in close positions to wear face masks
3. Scorers to sit separately.
4. Umpires to wear gloves
5. Bowlers end Umpire to stand at least 3 ft behind stumps
6. Strikers end Umpire to stand at least 6 ft away from any fielder
7. Any clothing / equipment / helmets if removed:
 - for batters leave on ground behind keeper (at least 6 ft away)
 - for all others taken off ground at end of over
 - nothing to be left with umpires
8. No saliva to be used on the ball
9. All shared equipment to be sanitized between uses

